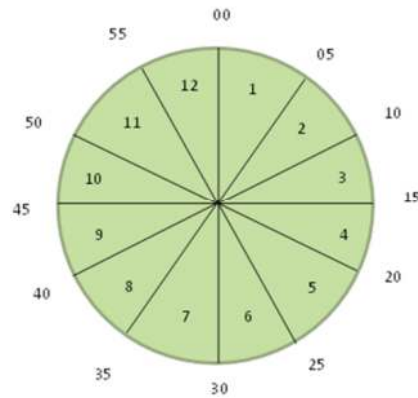


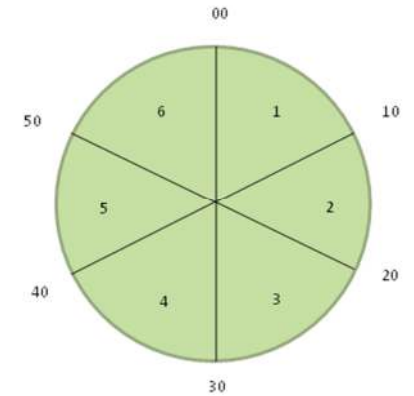
Help to pray: Waking hour

1. **Praise God** for His greatness, holiness and love; thank Him for sending Christ to save us and the Holy Spirit to fill us.
2. **Confess** any sinful attitudes or habits, or any times of disobedience, thanking God for His forgiveness and grace.
3. Thank God for our **60th Anniversary** and “Church up their Street” weekend in January; pray for the thanksgiving and mission weekends yet to come.
4. Thank God for the **new people** He has brought into the fellowship in 2013; ask Him to help them integrate and to draw more people in this year.
5. Pray for the **non-church people** we/you know and the outreach events planned; ask God to show you who to pray for so you can invite them.
6. Thank God for all He is doing through the **Pastor, Elders and Deacons**; ask Him what you can do to support and encourage them as leaders.
7. Pray that we would all guard **our relationships** with each other; ask Him to show you if there is anyone you need to make amends with.
8. Thank God for the **ways He has blessed you** here over the last year; ask Him to show you if there is anything you can do to bless others more.
9. Thank God for the Bible teaching we receive and the prayer times we share in; ask Him to help us **grow as disciples** to become more like Jesus.
10. Pray that people would have opportunities to use their **gifts and abilities** to serve one another; ask Him what gifts you have to offer.
11. Pray for the **united witness** of the churches in town & our joint mission projects – the schools worker, Foodbank & money advice service.
12. Pray for the mission work/workers we support around the world; ask God to increase your love for the poor and your passion for **world mission**.



Help to pray: Midday hour

1. Choose a **Psalm** to read and use it to praise God. What is the Lord saying to you about Himself?
2. Write down a verse, a phrase, or even just a word, that particularly grabs you. Think and pray over it.
3. Choose a passage from the **Gospels**. What does it reveal about Jesus, His mission and His character?
4. Again, write down, then think and pray over any verse, phrase or word that particularly grabs you.
5. Choose a passage from the **New Testament letters**. What does it teach about what we must understand or how we must act as God’s people?
6. Again, note something down and pray as you think it over.



Help to pray: Evening hour

1. Ask God to lead you as you open your **Bible**. Then keep flicking through until you settle on a passage. What is He saying to you about Himself?
2. Again, write down and pray over what you find. How is He calling you to **respond**?
3. Ask God to speak to you about **your own relationship** with Him. What is He saying about your life as a disciple and your commitment to the church?
4. **Surrender** yourself to the Lord freshly as a living sacrifice (Romans 12.2), and particularly anything above which He brought to mind.

